## Youth Resource List

WHO	WHAT	WEB	CALL
Crisis Text Line	Free 24/7 support for those in crisis. Text from anywhere in the US with a trained Crisis Counselor	https://www.crisistextline.org/ Text START to 741-741	Text START to 741-741
National Suicide Hotline	24/7 crisis line for people who are struggling with thoughts of suicide or self-harm	https://suicidepreventionlifeline.org/	800-273-8255
St. Clair County Community Mental Health	Mental health, substance use, disability and crisis services for youth and adults in St. Clair County.	www.scccmh.org	888-225-4447
St. Clair County Community Mental Health - Mobile Crisis Unit	24/7, in-person, emergency mental health crisis services	www.scccmh.org	(810) 966-2575
The Trevor Project	National organization providing crisis intervention and suicide prevention services to LGBTQ young people ages 13-24.	https://www.thetrevorproject.org	(866) 488-7386
Blue Water Community Action	Operates programs to assist low- income people with becoming economically self-sufficient	www.bwcaa.org	810-982-8541
Blue Water Pregnancy Care Center	Provides pregnancy care and parenting help	www.realchoice4me.com	810-985-4673
Blue Water Safe Horizons Carolyn's Place	Shelter for survivors of domestic violence	www.bwsh.org	810-985-5538
Detroit Rescue Mission - Pathways Shelter	Shelter for people who are homeless, located in Port Huron	https://drmm.org/	810-982-1020
Child/Adult Protective Services	Call to report potential cases of child abuse or neglect	www.michigan.gov/mdhhs	855-444-3911
Community Dental Clinic	A Medicaid dental clinic in Port Huron, also has sliding fee scale if no insurance	https://www.mydental.org/	810-984-5197
Cypress Street Outreach Drop-In Center	Drop in center for youth aged 12-21, also has showers, washer/dryer, personal care products, and food	http://www.harboryouth.com/	810-824-4835
Department of Health and Human Services	Agency that oversees benefits like SNAP (Bridge Card), Medicaid, and other assistance programs	www.michigan.gov/mdhhs	810-966-2000
Downriver Helping Hands Inc.	Food pantry in Marine City	None	810-765-3848
Lakeshore Legal Aid	A not-for-profit law firm providing a range of free civil legal services and advocacy to people who are low income	www.lakeshorelegalaid.org	810-985-5107
Michigan Tobacco Quitline	Free and low-cost resources for tobacco cessation	https://michigan.quitlogix.org/en- US/	800-784-8669
National LGBTQ Youth Hotline (under 25)	Phone, online private chat and email peer-support as well as resource for the LGBTQ community and allies	https://www.glbthotline.org/	800-246-7743

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National Runaway Safeline	Advice and help for runaways, including resources, shelter, transportation, assistance in finding counseling, and transitioning back to home life.	www.1800runaway.org includes free online chat feature	800-786-2929
Ok 2 Say-School Safety Tip Line	Available for all public and private schools in Michigan; anybody can submit a tip on criminal activities or potential harm directed at students, school employees, or schools.	www.michigan.gov/ok2say/ or download the free app on Apple App Store or Google Play	855-565-2729
Salvation Army	Non-profit with variety of services on hunger, housing, poverty, youth programs and disaster relief	www.centralusa.salvationarmy .org/usc	810-984-2679
Save Our Neighborhoods and Streets (SONS)	A religious organization in Port Huron that supports youth and families	https://sonsoutreach.org/	810-989-SONS
St. Clair County Child Abuse/Neglect Council	Works toward the prevention and elimination of child abuse and neglect	http://www.sccstopchildabuse.org/	810-966-9911
St. Clair County Health Department	Local public health agency, helps with a variety of health services, vaccines, STI Testing, WIC, Lead Testing, Environmental health	http://www.stclaircounty.org/ offices/health/	810-987-5300
St. Clair County Library System	11 locations in St. Clair County, free or low-cost access to books, magazines, movies, music, audio book, internet and computers.	http://www.sccl.lib.mi.us/	(810) 987-7323 (main branch)
St. Clair County Parks and Recreation	Operates county parks and beaches, offers a variety of classes and recreation activities	https://www.stclaircounty.org /offices/parks/	810-989-6960
Teen Health Center	A clinic for 10 through 21 year olds offering health care and preventive services, screenings, health education programs, and information for parents and guardians on any topic related to adolescent health.	http://www.stclaircounty.org/Offices/ health/teen_health_center.aspx	810-987-1311
The Harbor for Youth (ages 10-17)	Temporary, emergency shelter for youth who are homeless, at risk of becoming homeless, and or are at odds with family members	http://www.harboryouth.com/	810-982-8584
The Trevor Project	National organization providing crisis intervention and suicide prevention services to LGBTQ young people ages 13-24.	https://www.thetrevorproject.org	(866) 488-7386
Wings of the Harbor (ages 16-21)	Transitional living program for youth who are homeless, aging out of foster care or who are in out-of-home living situation to learn how to live independently and self-sufficiently.	http://www.harboryouth.com/	810-989-9602
YMCA of the Blue Water Area	Local non-profit that offers recreations opportunities, reduced cost memberships for those with financial need	http://www.bluewaterymca.com/	810-987-6400